



The Millstone Family Restaurant

.....

MILLSTONE RESTAURANTS ARE LOCALLY OWNED AND OPERATED. WE ARE PROUD TO HAVE YOU AS A CUSTOMER AND SINCERELY APPRECIATE YOUR BUSINESS. WE HOPE YOU ENJOY YOUR VISIT WITH US AND THAT WE WILL SEE YOU AGAIN SOON!

.....

OUR THREE LOCATIONS

2010 WEST MAIN STREET

Across from Baken Park
Shopping Center in Rapid City
(605)343-5824

1520 LACROSSE STREET

In front of the Quality Inn,
I-90 Exit 59 in Rapid City
(605)348-9022

620 EAST JACKSON

I-90 Exit 12 in Spearfish, South Dakota
(605)642-4200

MILLSTONE FAVORITE BREAKFASTS

All eggs on our breakfast menu can be substituted with cholesterol-free Egg Beaters. Gluten free bread option for 1.00 more.

STEAK & EGGS

A choice tender cut sirloin steak prepared to perfection, two farm fresh eggs and golden hash browns, served with toast. 6 oz. 12.75 | 10 oz. 13.95

COUNTRY FRIED STEAK & EGGS

A country fried steak prepared to perfection, two farm fresh eggs and golden hash browns, served with toast. 11.50

BEEF & EGGS

Large third-pound chopped beef patty, two farm fresh eggs, crisp and golden hash browns, served with toast. 10.50

EGGS BENEDICT

Two poached farm fresh eggs with Canadian bacon, served on a grilled English muffin and topped with our own hollandaise sauce. Served with hash browns. 11.00

MILLSTONE "BIG BURRITO"

Sausage, egg, cheese, and hash browns rolled in a 12" flour tortilla and topped with green chili, shredded cheese, and sour cream. 11.35

MILLSTONE CLASSIC BREAKFASTS

Gluten free bread option for 1.00 more.

TWO EGGS, HASH BROWNS & TOAST

Farm fresh eggs, golden crisp hash browns and toast. 8.45
Served with bacon, sausage, or smoked sausage. 8.50
Served with ham. 9.10

MILLSTONE FEATURE

Two Eggs, Toast, & Coffee or Tea. 6.70
Sorry no discounts and no substitutions.

FRENCH TOAST

Three slices of French bread dipped in our special Millstone egg batter. 8.35
Served with bacon, sausage, or smoked sausage. 9.60
Served with ham. 9.75
Substitute Cinnamon Roll French toast for 1.75

DICED HAM & SCRAMBLED EGGS

Savory diced ham combined with two scrambled farm fresh eggs and served with hash browns and toast. 9.20

BISCUITS & SAUSAGE GRAVY

One fresh buttermilk biscuit smothered with sausage gravy. Served with two eggs on the side. Sorry, no discounts and no substitutions. 7.55

OUR FAMOUS MILLSTONE SKILLETS

Gluten free bread option for 1.00 more.

HUNGRY MAN SKILLET

Golden brown French toast, two strips of crisp bacon and two eggs cooked to order, served on a bed of crispy hash browns. 10.00

COUNTRY SKILLET

Crispy hash browns with a special mix of sausage, onion, and green pepper, topped with two farm fresh eggs and served with toast. 9.95

CELEBRATION SKILLET

For breakfast lovers who like a touch of Mexican flavor. Grilled peppers, tomatoes, and seasoned ground beef on a bed of crispy hash browns, topped with two eggs any style and shredded cheddar cheese. Picante sauce, sour cream, and toast on the side. 10.50

CORNED BEEF HASH

An old Millstone favorite topped with two farm fresh eggs. Served with toast. 10.05

BLACK HILLS SKILLET

Crispy hash browns with a mix of our very special smoked sausage, tomato, onion, and green pepper combination. Topped with two farm fresh eggs and served with choice of toast. 10.35

HAM & CHEESE SKILLET

Diced ham piled on a bed of crisp hash browns. We top it off with two eggs and zesty cheese sauce, served with toast. 10.70

RUSHMORE SKILLET

Diced ham & bacon served together under a ladle of creamy hollandaise. Served on a bed of hash browns with 2 eggs & toast. 10.75

MILLSTONE BREAKFAST, LUNCH, OR DINNER

All eggs on our menu can be substituted with cholesterol-free Egg Beaters. Old-fashioned, good-for-you oatmeal is available from 6 a.m. to 11 a.m. Our Salad Bar features low-fat, low cholesterol items and fried foods are prepared in trans-fat free oil. Mayonnaise is used on all of our salads. Our delicious soups and pies are homemade and low in sodium.

BREAKFAST SERVED ALL DAY!

You are welcome to have anything on the menu your way.
We do charge for cheese, gravy, and other substitutions or additions.

PANCAKES

Served with butter and warm syrup on the side.

SWEET CREAM PANCAKES

The cakes that made the Millstone famous...three of the world's lightest, most tender sweet cream cakes. 7.85
Add strawberry or blueberry topping (includes whipped topping.) 9.25

EGGS & CAKES

Two farm fresh eggs and three golden hot griddle cakes. 8.50

PIGS IN A BLANKET

Extra-large pancakes wrapped around three lean, pure pork sausages - you'll love these three little pigs. 9.55

RANCH BREAKFAST

Two "Ranch" fresh eggs prepared the way you like them, sizzling bacon, and choice of two sweet cream pancakes or two slices of french toast 9.25.

Two slices Cinnamon Roll French Toast an additional 1.75

MILLSTONE FAMOUS CARAMEL ROLL 4.35

THE ORIGINAL BELGIAN WAFFLES

Served with butter and warm syrup on the side.

GOLDEN CRISP WAFFLE

Millstone's rich and baked-crisp waffle is truly delightful eating. 7.85

STRAWBERRY CREAM WAFFLE

Plump, juicy strawberries in our own compote, topped with whipped cream. 9.00

BLUEBERRY CREAM WAFFLE

Delicious! Topped with whipped cream. 9.00

OMELETTES

Made with three farm fresh eggs and served with golden hash browns and toast.

Gluten free bread option for 1.00 more.

THE EVERYTHING OMELETTE

The name says it all. Savory ham, American cheese, tender mushrooms, zesty green peppers, and onions. 10.90

DENVER OMELETTE

A delightful combination of smoked ham, tasty green peppers, and onions. 10.60

SPANISH OMELETTE

South of the border flair! Generous portions of green peppers and seasoned beef topped with cheese, served with a side of sour cream and picante sauce. 10.90

HAM & CHEESE OMELETTE

Always a favorite! A large portion of chopped smoked ham with a gently flavored American cheese. M-m-m-mmm good! 10.65

MUSHROOM & CHEESE OMELETTE

The tempting taste of plump mushrooms smothered in American cheese. 10.60

PILGRIM'S FAVORITE CHEESE OMELETTE

A light and fluffy omelette filled with your choice of American, cheddar, or Swiss cheese. 9.90



A LA CARTE

OLD FASHIONED OATMEAL

A large bowl of rolled oats cooked the good old fashioned way on our stove top. Served from 6 to 11 a.m. 4.45
Add fruit for just 2.70

ENGLISH MUFFIN 2.75

BAGEL 3.30

TOAST 2.75

ONE PANCAKE 3.10

ONE EGG* 2.45

BACON 4.25

HAM 4.35

PORK CHOP 4.85

SMOKED SAUSAGE, LINKS,
OR PATTIES 3.95

HASH BROWNS 3.35

AMERICAN FRIED POTATOES 3.35

GLUTEN FREE BREAD 3.75



FAVORITE LUNCHES

Served with choice of soup, salad, or fries. Gluten free bread option for 1.00 more.
Add soup and salad bar for just 3.75. Substitute sweet potato tots for 2.00.

FRENCH DIP

Tender slices of roast beef stacked on a toasted sourdough roll.
Served with hot au jus. 10.65

REUBEN

Thinly sliced corned beef stacked high on rye, Tangy 1000 Island dressing, Swiss cheese and Sour Kraut. 10.65

BLT

Crisp, lean bacon with fresh tomatoes, lettuce, and mayonnaise on your choice of white or whole wheat toast. 10.10

DAVEY JONES

Tender flaky fish filet and cheese on a toasted bun with our own tartar sauce and lettuce. 10.05

FRISCO CHICKEN SANDWICH

Grilled chicken breast topped with bacon, tomato, Swiss and American cheeses. Layered on sourdough bread and grilled to perfection. 11.15

TUNA MELT

Tasty tuna salad on grilled wheat bread with melted cheese. 10.30

FRISCO BEEF SANDWICH

Grilled one-third pound hamburger patty topped with bacon, tomato, Swiss and American cheeses layered on our sourdough bread. 11.15

TURKEY CLUB

Toasted triple-decker with bacon, turkey, mayo, lettuce, tomato, and a pickle on your choice of white or whole wheat toast. 10.65

MILLSTONE MONTE CRISTO

Texas toast dipped in eggs and grilled with melted Swiss cheese and buffet ham. Served with raspberry sauce on the side. 11.45

FISH & CHIPS

Three pieces of Boston battered flaky fish served with golden crisp Millstone chips, lemon, and tartar sauce. 10.45

CHICKEN SANDWICHES

Served with choice of soup, salad, or fries. Gluten free bread option for 1.00 more. Add soup and salad bar for just 3.75. Substitute sweet potato tots for 2.00.

CHICKEN GRILLER

A grilled chicken breast served on a bun with lettuce, tomato, and mayonnaise. 10.05

CHICKEN MELT

A grilled chicken breast topped with zesty cheese sauce and crisp bacon. 10.70

CHICKEN ROUNDUP

A four ounce breaded chicken breast topped with ham and Swiss cheese and served on a toasted bun with mayonnaise, lettuce, and barbecue sauce. 11.20

CAJUN CHICKEN

Grilled chicken breast Louisiana style on a grilled bun with mayonnaise. Guaranteed to spice up your life! 10.15

BREAST OF CHICKEN

Breaded and fried. Served open faced with mayonnaise, lettuce, tomato, and pickle. 9.90

HOT SANDWICHES

Served with mashed potatoes and gravy.

CHICKWAGON

Large breaded chicken breast served sandwich style with mashed potatoes smothered in hot country gravy poured over everything. 11.15

HOT BEEF

Delicious sliced roast beef piled high on two slices of bread smothered in our homemade beef gravy. 10.80

HOT TURKEY

Our tender turkey breast atop two pieces of bread smothered in homemade turkey gravy. 10.80

CHUCKWAGON

Our homemade chicken fried beef steak served sandwich style, smothered in delicious country style gravy. 10.80

HOT HAMBURGER

Our hamburger patty served sandwich style alongside a helping of mashed potatoes smothered in delicious beef gravy. 10.80

OUR FAMOUS BURGERS

Served with choice of soup, salad, or fries. Gluten free bread option for 1.00 more.
Add soup and salad bar for just 3.75. Substitute sweet potato tots for 2.00. **Sub Buffalo burger for 3.00.**

SWISS MUSHROOM BURGER

Fresh ground beef topped with Swiss cheese and sliced mushrooms. Served with lettuce, tomato slice, and pickles. 9.85

HOMESTYLE BURGER

Fresh ground beef on a toasted bun, served with lettuce, tomato slice, and pickles. 8.80
Cheeseburger 9.10

BUFFALO BURGER

Fresh, lean buffalo on a toasted bun, served with lettuce, tomato slice, and pickles. 11.80

DOUBLE CHEESEBURGER

Two fresh beef patties topped with melted cheese on a toasted bun, served with lettuce, tomato slice, and pickles. 10.15
Double Bacon Cheeseburger 11.05

PATTY MELT

Ground beef on grilled whole wheat bread with Swiss and American cheeses, sautéed onions, and pickles. 9.85

MILLSTONE BURGER

Fresh ground beef topped with American cheese, two slices of bacon and BBQ sauce on a fresh bun, served with lettuce, tomato slice and pickles 10.05

MILLSTONE SOUP 'N SALAD

SOUP OF THE DAY

Cup 4.60 | Bowl 4.95

ASIAN CRISPY CHICKEN SALAD

Tender chopped chicken strips on a bed of garden greens with green peppers and tomatoes. Served with an Asian sesame dressing and Chinese noodles. 10.45

WALNUT CHICKEN SALAD

Grilled chicken breast, julienne cut with chopped walnuts on top of a large bed of garden greens. Complimented with tomatoes, lemon wedges, and your choice of dressing...truly a great salad! 10.45

TACO SALAD

A flaky tortilla bowl filed with garden greens, diced tomatoes, black olives, specially seasoned beef and cheddar cheese, topped with sour cream, and picante sauce, or your choice of dressing 10.45

With grilled chicken breast 10.65

BACON BLUE SALAD

New Item! Crispy bacon, grilled chicken breast, blue cheese crumbles, cherry tomatoes, cucumbers and dried cranberries served atop a bed of garden greens 10.65

CAJUN CHICKEN SALAD

Spicy Louisiana style grilled chicken breast on top of a large bed of garden greens with diced green peppers, tomatoes, lemon, and your choice of salad dressing - guaranteed to wake up your taste buds! 10.65

CHEF SALAD

A mound of fresh garden greens adorned with savory diced ham and turkey, egg halves, juicy red tomatoes, and American and Swiss cheeses. Served with your choice of dressing and crackers. 9.85

SOUP AND SALAD BAR

A bounty of fresh and delicious choices awaits you at our Soup and Salad Bar, available from 11 a.m. to 9 p.m. for just 10.80

MILLSTONE WRAPS

Fresh tomato basil wraps. Served with soup, salad or fries (choose one). Add Soup and Salad Bar for just 3.75.

CRISPY CHICKEN WRAP

Chicken with lettuce, cheddar cheese, diced tomatoes, ripe olives, rolled up with your choice of ranch, bleu cheese, or buffalo sauce. 11.25

TURKEY CLUB WRAP

Lettuce, bacon, roast turkey, tomatoes and mayonnaise. 11.25

TUNA WRAP

Lettuce, cheddar cheese, tomatoes, and our fresh homemade tuna. 11.25

MILLSTONE GAL WRAP

Thin slices of ham rolled up with lettuce, tomato, mayonnaise, and melted Swiss cheese. 11.25

BEVERAGES

FRUIT JUICE

Tomato, Orange or Apple Juice.
No refills. 12 oz. 3.15

MILK

No refills. 12 oz. glass 2.80

HOT CHOCOLATE

Ask for seconds 3.15

SHAKES OR MALTS

Hand-dipped 5.35

SOFT DRINKS

Free refills.

LEMONADE

No refills.

ICED TEA

We proudly serve Superior Iced Tea

HOT TEA

Regular and Herbal

COFFEE

Superior 100% Columbian Coffee
Regular and Decaffeinated

FAMOUS DESSERTS

MILLSTONE CAKE

Ask your server for today's selection. 1.90

Cake ala mode. 2.40

HOMESTYLE FRUIT PIE

Ask your server for today's selections. 4.20

Pie ala mode. 4.70

FRESH CREAM PIE

Ask your server for today's selections. 4.25

Pie ala mode. 4.75

SPECIALTY PIE

Ask your server for today's selections. 4.55

Pie ala mode. 5.05

HOT FUDGE CAKE

Sinfully delicious. 4.30

ICE CREAM SUNDAE

Two scoops ice cream sundae with choice of strawberry, chocolate, hot fudge, or caramel topping. 4.20

One scoop of ice cream. 3.70

ICE CREAM

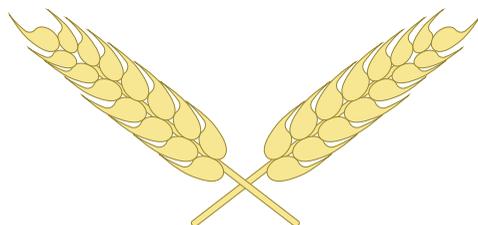
Small 2.70 | Large 3.70

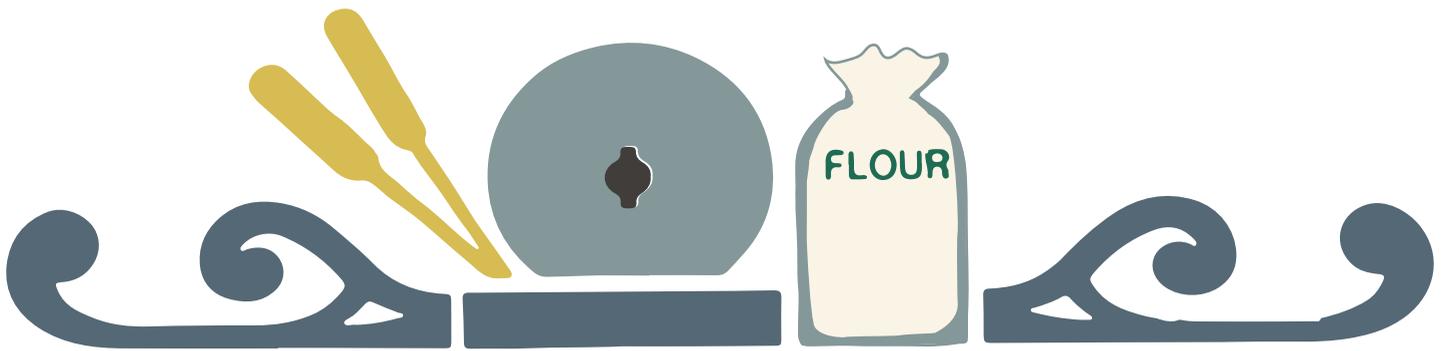
HAND-DIPPED FLOATS

Old-fashioned fun. 1.70

HAND-DIPPED SHAKES OR MALTS

Thick and rich and delicious. 5.35





MILLSTONE FAVORITE DINNERS

Served with our all-you-can eat soup and salad bar. When our salad bar is not available a tossed salad will be substituted.

SPAGHETTI AND MEATBALL DINNER

A spicy Italian favorite served with garlic toast. (Does not include potato). 12.25

SHRIMP DINNER

Six jumbo Gulf shrimp, deep-fried to a golden brown and served with your choice of potato. 13.85

CHICKEN PARMESAN

Breaded chicken breast tenderloin with cheese and Italian tomato sauce on a bed of steaming spaghetti. Served with garlic toast. (Does not include potato.) 13.15

COUNTRY FRIED BEEF STEAK

A country fried steak prepared to perfection, served with mashed potatoes and luscious country gravy. 12.60

LIVER AND ONIONS

Tender grilled beef liver smothered with sautéed onions, served with your choice of potato. 12.05

MILLSTONE CHICKEN SPECIALS

Served with our all-you-can eat soup and salad bar. Please allow 15+ minutes to prepare chicken meal. Any request for specific pieces of chicken will be an additional 1.35 charge. Any request for specific pieces for the 4 piece dinner will be an additional 2.10 charge

CHICKEN FRIED CHICKEN STEAK

A large chicken breast made with our special breading, it's fried to order and served with mashed potatoes and luscious country gravy. 12.30

CHICKEN STRIP DINNER

Four large chicken tenderloin strips fried golden brown, served with toast and your choice of potato. 12.30

MILLSTONE CHICKEN DINNER

The Millstone is proud of our special recipe chicken! Served with your choice of potato.
Two piece dinner 11.15
Three piece dinner 11.75
Four piece dinner 12.45

DINNER FEATURES

Served with our all-you-can eat soup and salad bar and choice of potato. When our salad bar is not available a tossed salad will be substituted.

BBQ PORK RIBS

A generous helping of tender baby back ribs, slow-baked in a tangy BBQ sauce. 13.95

WALLEYE FILLET

Grilled fresh water Canadian walleye pike served with lemon, tartar sauce. 13.75

SOUTH DAKOTA PRIDE

10 oz. of tender cut sirloin steak, prepared to your liking and served with garlic toast and an onion ring garnish. South Dakota, we are proud of you! 14.95

JUNIOR STEAK

6 oz. of tender cut sirloin steak, prepared to your liking and served with garlic toast and an onion ring garnish. South Dakota, we are proud of you! 13.75

STEAK AND SHRIMP

"From the Land and Sea", our tender sirloin steak, prepared to your liking, with three jumbo shrimp, garlic toast and an onion ring garnish. 6 oz. 14.40 | 10 oz. 15.60

HAMBURGER STEAK

Our 8 oz. chopped beef steak is prepared to order and served with grilled garlic toast and an onion ring garnish. 12.00
Served with mushroom gravy. 13.25

SUPREME DINNER

The name says it all - one half pound of our own chopped beef prepared to perfection, with crisp bacon and American cheese, topped with our own tangy barbecue sauce. Served with garlic toast. 13.35

BUFFALO CHOPPED STEAK

8 oz. of fresh, lean buffalo, prepared to order and served with grilled garlic toast and an onion ring garnish. 14.45

SWISS MUSHROOM STEAK

8 oz. of lean chopped beef covered with Swiss cheese and sautéed mushrooms, served with garlic toast. Truly delightful eating! 13.35

MILLSTONE SENIOR MENU

For all those age 60 & Older.

^Includes your choice of a salad or a cup of our homemade soup. Sorry, no substitutions.

Add soup and salad bar for just 3.75.

Senior Discount does not apply to items on the Senior Menu.

FRENCH TOAST

Two slices of French toast with bacon or sausage. 6.50

ONE FARM FRESH EGG

With toast, hash browns and bacon or sausage. 6.50

Served with ham. 6.90

TWO SWEET CREAM PANCAKES

Served with bacon or sausage. 6.50

OMELETTE

Two egg omelette with choice of ham, bacon, or sausage, melted cheese served with toast and hash browns. 7.35

SENIOR SIZZLING SKILLET

A bed of hash browns topped with one egg and sautéed sausage, peppers and onions, served with one slice of toast. 7.80

HAMBURGER

Served with your choice of potato only. 6.55

TUNA SANDWICH, BLT OR GRILLED CHEESE^

Enjoy any one of these three classics for just 7.05

With ham on a Grilled Cheese. 7.25

Half sandwich for just 6.70

Half grilled cheese and ham sandwich. 7.05

CHICKEN STRIPS^

Served with your choice of potato and toast. 7.75

SPAGHETTI^

Served with garlic toast. 7.55

ONE-THIRD POUND HAMBURGER STEAK^

Served with your choice of potato and toast. 7.80

TWO PIECE CHICKEN DINNER^

Our tender chicken served with your choice of potato and vegetable. 8.35
Any request for specific pieces of chicken will be an additional .90 charge.
Please allow 15+ minutes to prepare our chicken meal.

EXTRAS, ADDITIONS & SIDE ORDERS

You are welcome to have anything on the menu your way.

We do charge for extra sour cream, cheese, gravy and other substitutions or additions.

BAKED POTATO 3.35

SWEET POTATO 3.35

SWEET POTATO TOTS 5.20

FRENCH FRIES 3.35

MILLSTONE CHIPS 3.35

MASHED POTATOES 3.35

HASH BROWNS 3.35

AMERICAN FRIED POTATOES 3.35

VEGETABLE OF THE DAY 3.35

JUMBO ONION RINGS 5.45

TOSSED SALAD 3.35

COTTAGE CHEESE 3.70

GARLIC TOAST 2.60

SEASONAL FRUIT PLATE
Small 6.45 | Large 8.00

FRUIT COMPOTE
Strawberry or Blueberry 2.70

ONE SLICE OF FRENCH TOAST 3.10

ONE SLICE OF TOAST 2.20

ONE PANCAKE 3.10

ONE EGG* 2.45

CHEESE SAUCE 2.50

SOUR CREAM 1.00

SALSA 1.00

GRAVIES 2.50

DAILY SPECIALS

MONDAY

CHICKEN PHILLY SANDWICH

Thin slices of grilled chicken breast topped with melted cheese, peppers, onions, and tomatoes on a toasted sourdough roll with a side of horseradish. Choice of soup, salad, or fries 10.55

MEAT LOAF DINNER

Oven baked with just the right spices. Includes mashed potatoes and vegetables 10.65

TUESDAY

INDIAN TACO

An American favorite with a Mexican flair. Taco-seasoned ground beef or chicken, refried beans, cheese, lettuce, tomato, and ripe olives served on fry bread.

Chicken 11.15 | Beef 10.95

SALMON FILLET

An 8 oz. wild-caught salmon fillet served with choice of potato and vegetable 11.55

WEDNESDAY

PORK CHOP DINNER

A thick and juicy pork chop with a lemon pepper seasoning served with vegetable, mashed potatoes and gravy 10.90

Served with two pork chops 12.40

THURSDAY

RIBEYE PHILLY STEAK SANDWICH

Thin slices of ribeye with Swiss cheese, sautéed peppers, onions, and tomatoes. Served on a sourdough hoagie with horseradish on the side. Choice of soup, salad, or fries. 11.35

SWISS STEAK

Oven baked, served with mashed potatoes, gravy, vegetables, roll & butter. 11.70

FRIDAY

FISH FRY

Choice of baked cod in butter sauce or batter-dipped and fried. Served with your choice of potato and coleslaw. Ask your server for seconds on fish! 12.25

SATURDAY

BARBECUED PORK RIBS

A generous helping of tender baby back ribs slowly baked in a tangy barbecue sauce. Served with a choice of potato and all-you-can-eat salad bar. 13.95

SUNDAY

ROAST BEEF DINNER

A generous portion of beef simmered in its own juice. Served with mashed potatoes, dressing, and vegetables. 10.85

ROAST TURKEY AND DRESSING

Served with mashed potatoes, vegetables, and cranberry sauce. 11.60

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.



The
MillStone

**Family
Restaurant**